



active
BURNGREAVE



The Guide

Sport & Physical Activity for Adults

APRIL // 06



Intro

The Active Burngreave Taskforce aims to encourage and support the people of Burngreave to be more physically active.

The aim of this directory is to provide local information on sport and physical activity clubs, groups and activities in the Burngreave area.

Did you know?

On a local level, physical inactivity is estimated to be causing 41 premature deaths per year in the Burngreave area!

But the good news is:

You can significantly reduce this risk by doing the recommended minimum amount of physical activity to benefit health. That is:

- **30 minutes of moderate exercise, 5 times a week for adults and**
- **60 minutes of moderate exercise, 7 times a week for children**

A wide range of activities can make up this activity including walking to school or the shops, gardening, sport, housework, dancing and cycling.

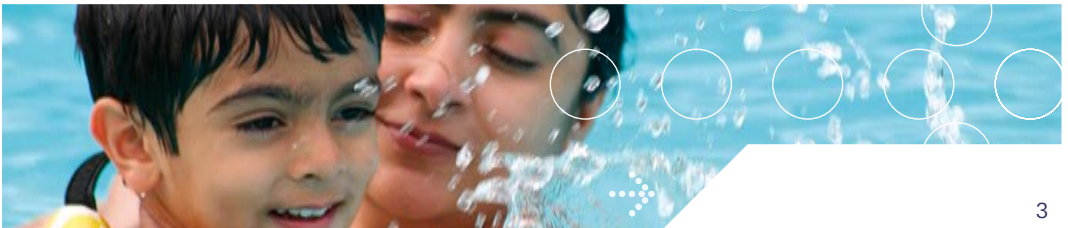
Please note:

All information is correct at the time of going to print. It is the responsibility of the parent / guardian to ensure that coaches are suitably qualified and police checked, prior to participating. Sheffield City Council cannot be held responsible for any accidents, injuries or loss that may occur whilst undertaking an activity.



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Useful Local Contacts

Michala Spacey

Burngreave Sports Development Project Co-ordinator
07909 936 381 or 0114 273 5719
michala.spacey@sheffield.gov.uk

David Frith

North East Area Manager - Activity Sheffield
0114 273 5559
david.frith@sheffield.gov.uk

Ben Hamilton

Community Sports Coach
07810 685 523

Steve Richardson

Burngreave Community Football Worker
07810 685 519

Andy Shallis

Burngreave Area Panel
0114 276 9134

Lis Reid

Sheffield Primary Care Trust
0114 226 4031

Leroy Wenham

Connexions
07900 882 553 or 0114 272 0747

Burngreave Young Children's Cen.

0114 203 9439

Amanda Boughton-Brown

Programme Manager - Sure Start Burngreave
Children's Centre - 19 Spital St
0114 252 5220

Courtney Stirling

Centre Manager - All Saints Connexions Centre
0114 256 2940

Jenny Tibbles

Ellesmere Youth Project
07886 777 068

Elaine Virgo

Earl Marshal Connexions Centre
0114 243 9871

Zain Abdulla

Burngreave Streetwork Detached Youth Initiative
07921 491 540 or 0114 272 3628
zain.abdulla@sheffieldfutures.org.uk

Burngreave Sports Network

0114 241 9100

Afro-Caribbean Sports Club

0114 240 3399

Burngreave Library

0114 203 9003

Girl Guiding Sheffield Office

0114 272 5557

Sheffield Scout Office

0114 273 7922

Help Yourself Directory

www.sheffieldhelpyourself.org.uk

For more useful contacts and places to visit see pages 13 & 14 

The Active Burngreave project

We are a sports development project funded by Burngreave New Deal for Communities and line managed by Activity Sheffield. The project began in January 2003 and was initially funded for 1 year but the success of the project has secured funding for another 3 years to run until July 2007.

The key aims of the project are to . . .

- **Deliver sports and physical activity sessions**
- **Train local people in a variety of qualifications**
- **Develop local groups**
- **Assist local people to gain employment in sport**
- **To be steered by the local community**

We deliver a variety of sports sessions in local junior schools, offer weekly activity sessions, including yoga, aerobics, basketball, girls football, gym sessions and health walks and we are looking to introduce new and exciting activities in the future.

We also run local training courses such as sports coaching, child protection and first aid. These courses will enable local people to work within sport and leisure facilities. Most of our sessions are free of charge and all our course are either free or at a reduced rate to local people.

There are also a number of volunteer opportunities for people who would like to become more involved in sport sessions/clubs in their local community.

The Burngreave area has many fantastic facilities, which we use on a regular basis including Verdon Recreation Centre, Firs Hill Sports and Arts Facility, Fir Vale Sports Centre, Christ Church Welcome Centre, local junior schools and local parks.

For more information a member of the team can be contacted at through Activity Sheffield on **0114 273 4266** or contact the Project Co-ordinator Michala Spacey on **07909 936381**





Aerobics

Burngreave Sports Project

Venue: **Firs Hill School Parents Room**

Contact: **Burngreave Sports Development Project Co-ordinator T: 07909 936381**

Day/Time: **Wednesday 6.15 - 7.15pm Cost: £1.00**

Women only aerobics

Venue: **Earl Marshal Youth Centre**

Contact: **Elaine Virgo T: 0114 243 9871**

Day/Time: **Tuesday 1.30 - 2.30pm Cost: £1.00**

Burngreave Sports Project

Venue: **Verdon Recreation Centre**

Women only aerobics

Contact: **Burngreave Sports Development Project Co-ordinator T: 07909 936381**

Day/Time: **Wednesday 10.00 - 11.00am Cost: £1.00**



Badminton

Earl Marshall Badminton Club

Venue: **Firvale Sports Centre**
Informal badminton club

Contact: **Mr Kempka / Lee Gostello T: 0114 240 2308**

Day/Time: **Friday 8.30 - 10.00pm Cost: 50p**



Basketball

Sheffield & District Basketball Club

Venue: **EIS, Coleridge Road**
Adults Basketball Club

Contact: **Gary Candow T: 0114 234 8128 E: gary.candow@btinternet.com**

Day/Time: **Friday 6 - 8 pm £3.00**



Bowls

Abbeyfield Bowls Club

Venue: **Sheffield United Academy**

Contact: **SUFA reception T: 0870 444 7091**



Chairobics

Impact Health and Fitness Club

Venue: **Impact, Shirecliffe Road**

Contact: **Sharon Beal T: 0114 292 9418**
Day/Time: **Tuesday 2.45 - 3.45pm Cost: Free**

St Peters Church, Ellesmere

Men and women welcome.

Contact: **NE Area Co-ordinator T: 07990 772342**
Day/Time: **Tuesday 11.45am - 12.45pm Cost: £1.00**

Christchurch, Nottingham St

Contact: **NE Area Coordinator T: 07990 772342**
Day/Time: **Thursday 11.00am - 11.45am Cost: Free**

Sheffield United Academy, Firs Hill Crescent

All welcome.

Contact: **NE Area Coordinator T: 07990 772342**
Day/Time: **Tuesday 3.00pm - 4.00pm Cost: £1.00**

SADACCA chairobics

Venue: **SADACCA, The Wicker**

Seated exercise class.

Contact: **NE Area Co-ordinator T: 0114 273 6496 or 07990 772342**
Day/Time: **Tuesday and Thursday 12noon - 1pm Cost: Free**

Roe Lane Chairobics

Venue: **Roe Lane Community Centre**

Seated exercise class for women aged 50 plus.

Contact: **NE Area Co-ordinator T: 0114 273 6496 or 07990 772342**
Day/Time: **Tuesday 10.30 - 11.30am Cost: £1.00**



Cricket

Earl Marshall Cricket Club

Venue: **Niagra Sports Ground**

Cricket club for adults.

Contact: **R. Khan T: 01226 283 006 or 07973 128155**
Day/Time: **Saturdays and Sundays**



Dance

Arabic Dance

Venue: **Christ Church, Nottingham St**
Women only arabic dance class with female instructor.

Contact: **Connie Scotthorne T: 07971 836910**
Day/Time: Tuesday 6.30 - 7.30pm **Cost: £1.00**

Kutumba School of Contemporary African Dance

Venue: **McCauley Hall, RC Catholic Church, Lane Top**

Contact: **Phillip or Mandla T: 0114 243 7899, 07946 453629 or 07748 145135**
Day/Time: Saturdays 9.30 - 10.30am (3 - 5yr olds), 10.30 - 12noon (5 - 11yr olds)
Cost: **£3.00 casual user**



Disability Groups

Active Ability Sports Club

Venue: **EIS, Coleridge Road**
Variety of sports for disabled adults. Phone to book a place.

Contact: **Tina or Paul T: 0114 273 4625**
Day/Time: Friday 1.00pm - 3.00pm **Cost: £2.00 with slice card. £3.00 without**

Sheffield Wheelchair Sports Club

Venue: **Northern General Hospital, Osbourne Wing**
Basketball activities for adults with matches on Sundays.

Contact: **John Robinson, Steve Greg (secretary) T: 01709 365 034 or 0114 242 3116**
Day/Time: Thursday 5.00pm - 9.00pm **Cost: One years membership - £10.00**



Football

Football African Dream Team

Venue: **Afro-Caribbean Sports Ground**
Mens football.

Contact: **Larry T: 07939 329474**
Day/Time: Sundays 11.00am **Cost: Free**

SACMHA

Venue: **Verdon Recreation Centre**
5-a-side football club for men. Need to be a member of SACMHA

Contact: **Locksley Foster T: 0114 272 6393**
Day/Time: **Free**
Cost: **Free**



If you have any questions regarding football in the Burngreave area, please call:

Steve Richardson T: 07810 685 519 E: steve.richardson@sheffield.gov.uk



Gardening & Conservation

Pitsmoor GreenFingers

Venue: **Grimesthorpe Rd allotments**

Contact: **John Lawson or Helen Warbourton T:0114 274 3651 or 07932 927153**
Day/Time: **E: greenfingersburn@yahoo.co.uk**
Sessions run Monday to Thursday. Women only activities on Tuesdays Cost: **Free**

Green Gym

Venue: **Parks and green spaces in Burngreave**

The Green Gym is run by the BTCV and offers a range of nature conservation and gardening activities. No experience is needed and support is available with childcare expenses.

Contact: **Sian Hughes T: 0114 272 3591 E: s.hughes@btcv.org.uk**
Day/Time: Phone for details. Cost: **Free**



Health & Fitness

Exercise and Osteoporosis

Venue: **Spectres Health Club, Northern General Hospital**

Gentle exercise - Class sponsored by Osteoporosis 2000 for people with limited mobility.

Contact: **Dorothy Phoenix T: 0114 234 4433 E: osteoporosis2000@btconnect.com**
Day/Time: Wednesday 10.00am - 11.00am Cost: **£2.00**

Impact Health and Fitness Club

Venue: **Impact, Shirecliffe Road**

Women only gym. Also offers smoking cessation and health walks.

Contact: **NE Area Coordinator T: 07990 772342**
Day/Time: Wednesday 10.00 - 12noon Cost: **£1.00**

Cornerstone Gym

Venue: **Cornerstone Gym**

Men only gym - Supervised session with qualified instructor.

Contact: **Burngreave Sports Development Project Co-ordinator T: 07909 936381**
Day/Time: Thursday 11.00am - 12noon Cost: **£1.00**

Cornerstone Gym

Venue: **Cornerstone Gym**

Mixed gym session - Supervised session for both men and women with qualified instructor.

Contact: **Burngreave Sports Development Project Co-ordinator T: 07909 936381**
Day/Time: Tuesday 2.15 - 3pm Cost: **£1.00**

Cornerstone Gym

Venue: **Cornerstone Gym**

Women only gym - Supervised session with qualified instructor.

Contact: **Burngreave Sports Development Project Co-ordinator T: 07909 936381**
Day/Time: Tuesday 1.15pm - 2.15pm - Thursday 9.45am - 10.45am Cost: **£1.00**



Martial Arts

Burngreave Sports Project

Venue: **Verdon Recreation Centre**
Tai Chi.

Contact: **Burngreave Sports Development Project Co-ordinator T: 07909 936381**
Day/Time: **Tuesday 2.30pm – 3.30pm Cost: £1.00**

Venue: **St James United Reformed Church, Scot Road**
Tai Chi + Kung fu – Also offers private tuition.

Contact: **Graham Abdulla T: 07989 315559**
Day/Time: **Tuesday 6.00pm – 9.30pm – Thursday 6.00pm – 8.45pm**

One World Centre

Venue: **One World Healing Foundation**
Tai chi + Qi Gong-Yang short form.

Contact: **T: 07958 500314 E: owhf2003@yahoo.co.uk**
Day/Time: **Tuesday 7.00pm – 8.30pm Cost: Burngreave residents donation only**



Running

Steel City Striders

Venue: **Meet Concord Park**
Everyone welcome.

Contact: **Rose Nelson T: 0114 240 3419**
Day/Time: **Thursday 7.00pm Cost: Free**



Social Groups

Green City Action

Venue: **Abbeyfield Park House, Abbeyfield Park**
Green City Action provides support for people in Burngreave, Pitsmoor and Shirecliffe for community environmental action, loan of tools, toy library, seed exchange. There are a number of volunteering opportunities for people to get involved with.

Contact: **Jerry Simon T: 0114 244 0353 E: enquiries@greencityaction.co.uk**
Day/Time: **Resource centre open Wednesday and Thursday 10.00am – 4.00pm**

40s – 60s Firth Park Group

Venue: **The Clock Tower, Firth Park Road**
Social club for people aged 40 – 60+. Offers a range of activities, though there is a waiting list!

Contact: **Ruby Sawdon T: 0114 249 7460**
Day/Time: **Thursday 11.30am – 1.30pm Cost: £1.20**

Senior Citizens

Venue: **Verdon Recreation Centre (VRC)**
Prize bingo, dominoes, cards.

Contact: **Delia (VRC) T: 0114 249 1626**
Day/Time: **Wednesdays 1.30pm – 3.30pm**

Verdon Street Agewell Group

Venue: **Verdon Recreation Centre (VRC)**

Group for older people in Burngreave, Firvale, Norwood, Pitsmoor, Pye Bank and Shirecliffe. Affiliated to Agewell and lunch clubs in Sheffield. Day trips in summer and a programme of regular activities including yoga and chairbics.

Contact: **Delia (VRC) T: 0114 249 1626**
Day/Time: Thursday 2.00pm - 3.30pm

St James Agewell Group

Venue: **St James United Reformed Church**

A friendly group for older people in Burngreave, Firvale, Longley + Pitsmoor. Arranges lunch, gentle exercise, crafts + outings.

Contact: **Tiny Powell T: 0114 261 9247**
Day/Time: Tuesday 12.00noon - 2.30pm Cost: **£2.00 (inc dinner)**



Walking

Health Walk - Burngreave Sports Project

Venue: **Meet outside Pitsmoor Surgery**

Gentle walk round the local area.

Contact: **Burngreave Sports Development Project Co-ordinator T: 07909 936381**
Day/Time: Tuesday 1.30pm - 2.30pm Cost: **Free**

Venue: **Burngreave Ramblers**
Mainly in the Peak District

Contact: **David Pecks or Jill Portman T: 0114 242 3870 or 0114 243 8867**
Day/Time: Sat - Every two or three weeks



Yoga

Burngreave Sports Project

Venue: **Christ Church, Nottingham St.**

Contact: **Burngreave Sports Development Project Co-ordinator T: 07909 936381**
Day/Time: Thursday 6.30pm - 7.30pm Cost: **£1.00**

Burngreave Sports Project

Venue: **Firs Hill School Parents Room**

Contact: **Burngreave Sports Development Project Co-ordinator T: 07909 936381**
Day/Time: Friday 9.15am - 10.30am Cost: **£1.00**



Burngreave

All Saints Connexions Centre - Girls Night

Venue

All Saints
Connexions Centre

Girls Night - Activities for girls aged 13+

contact: **Connexions Centre**

tel: **0114 256 2940**

Days/Times:
Mon 6.30pm - 10.00pm

FREE

Earl Marshall Youth Centre

Venue

Earl Marshall
Youth Centre

Youth club for children aged 13+

contact: **Denise Raynes**

tel: **0114 243 9871**

Days/Times:
Mon 6.30pm - 9.30pm

20p

Christ Church - Pitsmoor

Venue

Welcome Centre
Nottingham Street

Youth Fellowship - Games, quizzes, talks and generally just a fun time for 7 - 11 year olds.

contact: **Martyn Snow**

tel: **0114 272 7756**

Days/Times:
Mon 6.45pm - 8.10pm

FREE

gen8

Venue

Welcome Centre
Pitsmoor - Youth Tower

Open youth group for 11 - 18 year olds. Includes trips, games, chilling out, munchies and more.

contact: **Rich Blake-Lobb**

tel: **0114 220 1534**

Days/Times:
Sun 4.00pm - 6.00pm

FREE

Roots

Venue

Welcome Centre
Pitsmoor - Youth Tower

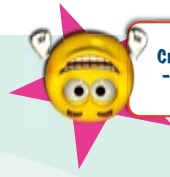
Small group discussions about social issues, spirituality, relationships and religion for 11 - 18 year olds.

contact: **Rich Blake-Lobb**

tel: **0114 220 1534**

Days/Times:
Fri 7.00pm - 9.00pm

FREE



Crucible Theatre
- Sheffield

TRAMPOLINING

Burngreave Sports Project



Trampolining for boys and girls 2x 1hr sessions.

contact: **Project Co-ordinator**

tel: **07909 936 381**

Days/Times:
Wed 6.00pm - 8.00pm

£1.00 per hour

Venue

Firvale
Recreation Centre

YOUTH GROUPS

Sheffield Futures Group



Senior youth club for 11yrs+. Sports e.g football,badminton and topics / issues.

contact: **Jasper**

tel: **07776 165629**

Days/Times:
Wed 7.00pm - 9.30pm

30p

Venue

Verdon
Recreation Centre

Pitsmoor Adventure Playground

A range of sports, outdoor play equipment, arts and crafts.

contact: **Steve Edwards**

tel: **0114 2039394**

Days/Times:
Mon, Tue, Thur, Fri 3.00pm - 8.00pm
Sat 10.30am - 6.00pm

FREE

Venue

Melrose Road

Cool Club

Junior Club - Variety of sports, games, arts and crafts.

contact: **Project Co-ordinator**

tel: **07909 936381**

Days/Times:
Tue & Thur 4.00pm - 5.30pm

20p

Venue

Verdon
Recreation Centre

Study Support Group

Help with study for Y9, 10 and 11. Free refreshments.

tel: **0114 256 2940**

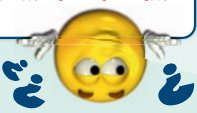
Days/Times:
Thursdays - Open from 3.30pm
with lessons 5.00pm - 8.00pm

FREE

Venue

All Saints
Connexions Centre

Where has the World
Snooker Championshi
been held since 1977?





Sheffield F.C.

Venue
The House
Bardwell Road



An indoor skate park offering a wide variety of ramps, half and quarter pipes and rails.
tel: 0114 249 0055
Days/Times:
Mon, Wed & Fri
12.00pm - 9.00pm
W/Ends 10.00am - 9.00pm
£1.00 membership
£2.50 thr
£7.00 all day

The House

SKATEBOARDING & IN-LINE SKATING

Venue
EIS
Coleridge Road



Everyone welcome.
contact: **Denise Ward**
tel: 0114 234 2805
email: deniseward@blueyonder.co.uk
Days/Times:
Beginners
Mon 6.00pm - 7.30pm
14 yrs +
Mon 7.30pm - 9.30pm
£3.00
members
£4.00
non-members

Sheffield Table Tennis Club

TABLE TENNIS

Venue
Goodwill Community
Centre



Taekwondo - Martial arts training by qualified trainer (4th Dan).
Centre also offers pool, table tennis and table football.
contact: **Omer Abdalqader**
tel: 0114 243 3505
mob: 07881 484338
email: goodwillcommunitycentre@hotmail.com
Days/Times:
Thur 6.00pm - 8.00pm
£1.50

Goodwill Community Centre

MARTIAL ARTS

Venue
Parkwood Road

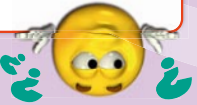


Parkwood Karting has an outdoor track with motorised 240cc karts. Group and corporate bookings for 12 people or more. Pre-booking necessary. Over 14s only.
contact: **Parkwood Karting**
tel: 0114 279 9666
email: mail@parkwoodkarting.com

Parkwood Karting

KARTING

Who are the oldest
football club in
the world?





52,000

Venue
Sheffield United
Academy

F.U.R.D - Football Unites Racism Divides

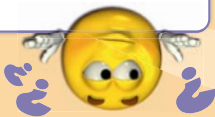
Academy Football coaching with Luis Silva, Desbon Bushiri, Keith Ward and Abdulrehman Ahmed.

contact: **Howard**
tel: 0114 255 3156
mob: 07973 414722

Days/Times:
Sun 2.00pm - 6.00pm

FREE

**Guess how many
people Don Valley
Stadium can hold?**



Venue

Verdon
Recreation Centre

Burngreave Sports Project

Football for boys and girls aged between 8 and 14 years old.

contact: **Project Co-ordinator**
tel: 07909 936381

Days/Times:
Fri 3.30pm - 4.30pm

30p

Goodwill Community Centre

Football Training.

contact: **Omer Abdulgader**

Days/Times:
Fri 7.00pm - 9.00pm

mob: 07881 484338

email: goodwillcommunitycentre@hotmail.com

Venue

The Pitz

Pitsmoor Girls Football Team

Girls Football - Training and matches for girls aged 12 and under.

contact: **Project Co-ordinator**

tel: 07909 936381

Days/Times:
Tue & Fri 5.00pm - 6.00pm

FREE

Venue

Train at Pitsmoor
Adventure Playground



Venue
Concord Park

contact: **Warren**

tel: 0114 257 7378

Pay and play 18 hole golf course with driving range.

Days/Times:

Mon - Fri 8.00am - dark

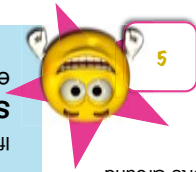
W/Ends 6.30am - dark

Coaching:

Sat 10.00am - 12.00pm
Sun 11.00am - 1.00pm

GOLF

Concord Golf Club



If you have any questions regarding football in the Burngreave area, please call:
Steve Richardson tel: 07810 685 519
 email: steve.richardson@sheffield.gov.uk

Train at Sheffield United
 Academy, Firs Hill Cres
 and play at Carrbean
 Sports Ground

Venue



Football for boys aged 10 and under:

contact: **Garfield Walters**
 tel: 0114 276 0591
 mob: 07760 240366

Days/Times:
 Train Monday 6.00pm - 7.00pm
 and Wednesday 7.00 - 8.00pm

£2.00

FOOTBALL

Earl Marshal Under 10's

Northern General
 Hospital
 Osborne Wing

Venue

contact: **John Robinson**
 or **Steve Greg**
 tel.01: 0114 242 3116
 tel.02: 01709 365 034

- Visually Impaired Archery - Anyone welcome to join in this archery session.
- Basketball for under 19 year olds
- Table Tennis Activities.

Days/Times:

Archery
 Wed 12.00pm - 4.00pm

Under 19 Basketball
 Tue 5.00pm - 6.30pm

Table Tennis
 Mon 7.00pm

1 yrs membership £10.00
 1 yrs membership £10.00
 1 yrs membership £10.00

Sheffield Wheelchair Sports Club

All Saints School

Venue

contact: **Tina Gordon**
 or **Paul Barwick**
 tel: 0114 273 4625

Variety of sports and games for disabled children aged 6 - 16yrs.
 Phone to book a place.

Days/Times:

Mon 4.00pm - 6.00pm

£2.00 with slice card
 £2.50 without

DISABILITY GROUPS

Active Ability Sports Club



The Foundry
 Climbing Centre

Venue

contact: **The Foundry**
 tel: 0114 279 6331

Indoor climbing walls, a wide variety of introductory courses, taster sessions, childrens parties and clubs. Participants must be aged 7 and over and any non-climbers or under 18s must be accompanied by an instructor.

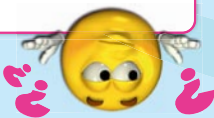
Days/Times:
 Mon to Fri: 10.00am - 10.00pm
 Weekends: 10.00am - 6.00pm (summer)
 10.00 - 8.00pm (winter)

The Foundry Climbing Centre

CLIMBING



How many pieces of
 fruit & veg should you
 try and eat in a day?





Ben Hamilton



BOWLS

Concord Bowls Club

Club for female and male players aged 14 and up.

contact: Peter Crawley

tel: 0114 245 7222

mob: 07971 850231

Venue
Concord Park

Firth Park Bowls Club

Club for female, male, junior and veteran players.

contact: Firth Park Pavilion

tel: 0114 256 0813

Days/Times:
Thur 5.00pm - 6.00pm

Venue
Firth Park Pavilion

CRICKET

Burnwood Sports Academy

All of these sessions are run by a local qualified coach, Steve Taylor and open to all boys and girls in the area. The club are always looking for new local people to get involved as players, coaches and board members.

contact: Sajid Hussain

tel: 07969 61790

Days/Times:
Mon 6.00pm - 7.00pm (12-16 yrs.)
Wed 6.00pm - 7.00pm (8-13 yrs)

£1.00

Earl Marshall Cricket Club

Junior coaching programme for children aged 14 - 19yrs.

contact: R. Khan

tel: 01226 283 006

mob: 07973 128155

Venue
Niagara Sports Club



DANCE & DRUMMING

Kutumba School of Contemporary African Dance

Dancing for 5 - 11 year olds.

contact: Phillip or Mandla

tel: 0114 243 7899

mob: 07946 453629 or 07748 145135

Days/Times:
Sat 10.30pm - 12noon

£3 casual user

Venue
Burgreave Ashram &
New Roots Centre

**Who is the Community
Sports Coach for
Burgreave?**





Michael Vaughn

Venue
Fir Vale
Sports Centre

Basketball coaching for children aged 9 - 13 years. Separate classes for boys and girls.
 contact: **Ben Hamilton**
 tel: 07810 685523
 Days/Times: Sat 9.30am - 11.00pm

Venue
Fir Vale
Sports Centre

Beginners to intermediate basketball club for women and girls aged 16 and over.
 Members of the Leeds / Bradford Basketball League.
 contact: **Rachael Mayston**
 tel: 07947 600131
 Days/Times: Tue 7.45pm - 9.15pm
 £4.00 or £3.00 Students

Burngreave Junior Basketball Team

Sheffield Gems Women's Basketball

BASKETBALL



Venue
Grimesthorpe Wesleyan
Reformed church

Variety of activities for boys.
 contact: **Mr and Mrs Reynolds**
 tel: 0114 243 9972
 Days/Times: Wed 6.30pm - 7.30pm (5-8 yrs)
 Wed 7.00pm - 8.30pm (8+ yrs)

20p

53rd Sheffield Boys Brigade

Venue
Grimesthorpe Wesleyan
Reformed church

Variety of activities for girls aged 5 to 16 yrs.
 contact: **Margaret Howe**
 tel: 0114 249 2195
 Days/Times: Mon 6.15pm - 7.30pm

£1.00

Girls Brigade

Venue
St. Peters Cornerstone
of Grimsthorpe Road)
Carwood Road (Junction

Outdoor Adventure groups for boys aged 10 and a half - 14 years.
 contact: **Jim Gilbert**
 tel: 0114 246 0057
 Days/Times: Fri 7.30pm - 9.30pm
 Scouts: 10 & a half - 14 yrs

£1.00

76th Sheffield St Peters Ellesmere Scout Group

Venue
Scout / Guide Hut
Holthwood Road

Open to girls aged 10 years and over from any section
 of the community regardless of faith.
 contact: **Margery Thorpe**
 tel: 0114 242 4673
 Days/Times: Wed 7.30pm - 9.00pm
 Guides: 10+ yrs

£1.00

**Guides - 205th sheffield
St. Catherine's Scout Group**

Who was the England
Cricketer captain for the
2005 Ashes series?





Venue

ART

Creative Burngreave

How much exercise a day should children do?



This project is dedicated to supporting arts training and development. Local artists are offered subsidised training in essential business skills and other arts projects receive support through Creative Burngreave grant aid.

contact: **Lungani Sibanda**
email: admin@sheffielddartsed.org.uk
tel: **0114 249 3182**

express - Christ Church Pitmoor Youth

Venue

Christ Church Pitmoor

creative arts courses, different each term. E.g. Art, drama, fashion. For 11-18 year olds.
contact: **Helena Terry**
tel: **07906 630870**
Days/Times: **Wednesday 7.30pm - 8.30pm**
FREE



Venue

Scout / Guide Hut
Hotwood Road

Outdoor Adventure groups for boys aged 8-11 years.
contact: **Alan Whiffin**
tel: **0114 246 3728**
Days/Times: **Cubs: 8 - 11 yrs**
Mon 7.30pm - 8.30pm
£1.00

Rainbows - 205th sheffield St. Catherine's Scout Group

Venue

Scout / Guide Hut
Hotwood Road

Girls aged 5 - 7 years. Open to girls from any section of the community regardless of faith.
contact: **Alan Whiffin**
tel: **0114 246 3728**
Days/Times: **Rainbows: 5 - 7 yrs**
Wed 4.30pm - 5.45pm
£1.00

Beavers - 205th sheffield St. Catherine's Scout Group

Venue

Scout / Guide Hut
Hotwood Road

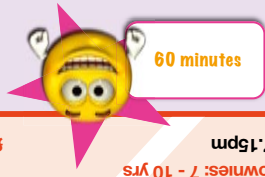
Adventure groups for boys aged 6-8 years.
contact: **Ann Murphy**
tel: **0114 275 1750**
Days/Times: **Beavers: 6 - 8 yrs**
Mon 6.00pm - 7.00pm
£1.00

Brownies - 205th sheffield St. Catherine's Scout Group

Venue

Scout / Guide Hut
Hotwood Road

Open to girls aged 7-10 years from any section of the community regardless of faith. May be a waiting list.
contact: **Alison Darby**
tel: **0114 266 0472**
Days/Times: **Brownies: 7 - 10 yrs**
Wed 6.00pm - 7.15pm
£1.00





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How many activities
are in this kids guide
for kids and teens?



4	ART
4	BEAVERS, CUBS, SCOUTS, BRIGADES
4	BASKETBALL
5	BOWLS
6	CRICKET
6	DANCE & DRUMMING
7	CLIMBING
7	DISABILITY GROUPS
7	FOOTBALL
8	GOLF
9	KARTING
9	MARTIAL ARTS
9	TABLE TENNIS
9	SKATEBOARDING & IN-LINE SKATING
10	TRAMPOLINING
10	YOUTH GROUPS

CONTENTS

**ON THE REVERSE OF THIS GUIDE YOU
CAN FIND ACTIVITIES FOR ADULTS.**

**LOOK OUT FOR ME THROUGHOUT
THE GUIDE & SEE IF YOU CAN
ANSWER MY QUESTIONS!**



**WHY NOT TAKE A LOOK AND
GET INVOLVED IN NEW
ACTIVITIES OR EVEN ONES
YOU ALREADY DO.**

**THIS BOOKLET WILL DIRECT
YOU TO A WIDE RANGE OF SPORTS
AND ACTIVITIES WITHIN
MINUTES OF WHERE YOU LIVE.**

**ARE YOU
LOOKING FOR THINGS
TO DO?**

**SPORT &
PHYSICAL ACTIVITY
for KIDZ
& TEENZ**

**GET
GOING**